

SPINE TIMES

THE JAMMU EDITION



PEOPLE
CARE
ACCESS
STRONGER
TOMORROWS

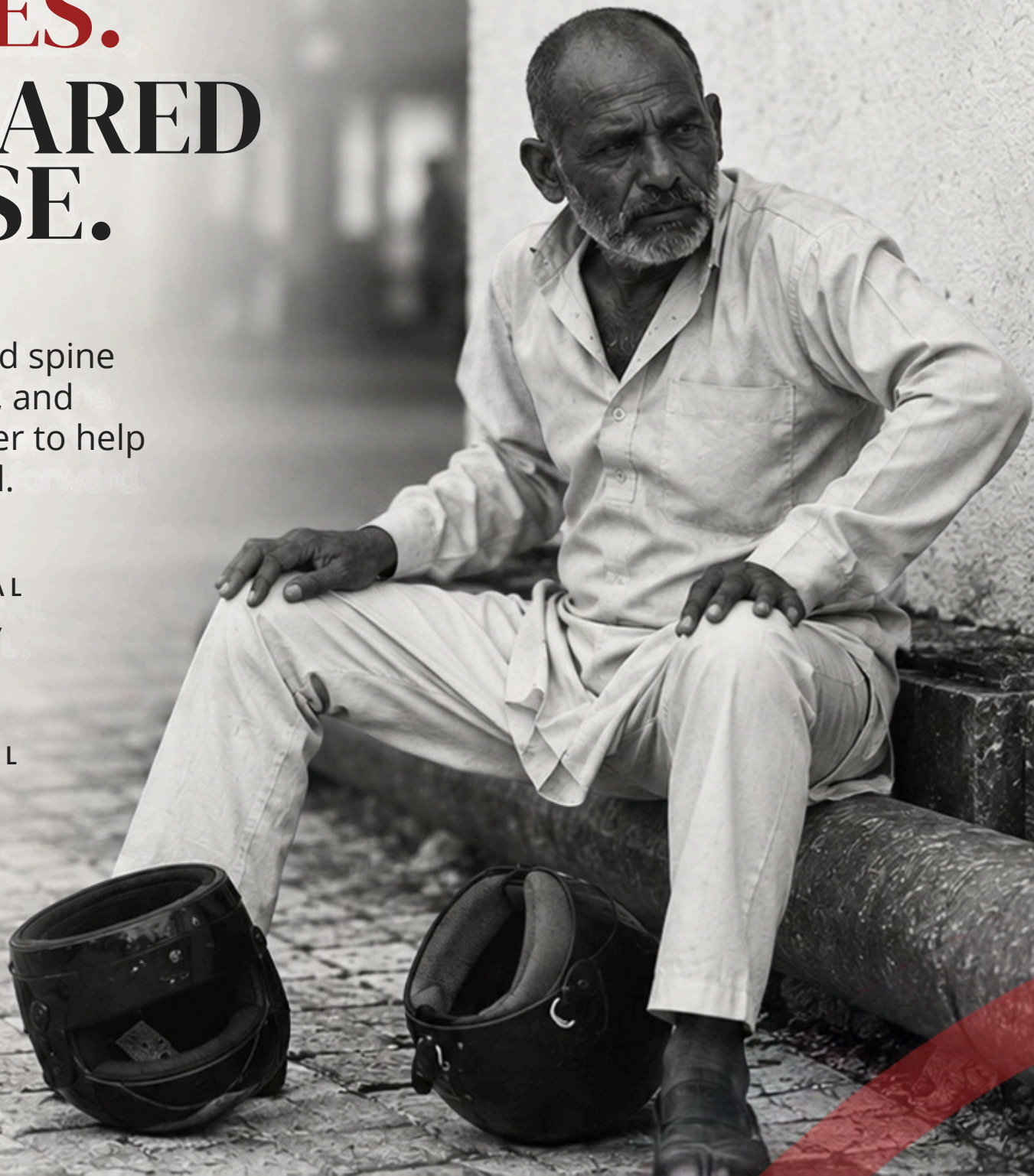
SIX CASES. ONE SHARED PURPOSE.

A journey of specialised spine care, careful decisions, and people coming together to help patients move forward.

GOVERNMENT MEDICAL
COLLEGE & HOSPITAL,
JAMMU

GOVERNMENT MEDICAL
COLLEGE & HOSPITAL,
UDHAMPUR

HEALTHIER
SPINES
BRIGHTER
TOMORROWS



ACROSS JAMMU



5 days across two centres, bringing together patient consultations, case discussions, planning and procedures at GMC Jammu and GMC Udhampur.



For two days, expertise and local healthcare teams came together with one shared purpose making the right care more accessible.

THE FIRST CONVERSATION

Consultations. Examinations. Scan reviews



Each case began with listening to the patient, understanding the concern and reviewing the findings before deciding the next step.

THE CASE FILES



GMC JAMMU | 06

01— LD + Fixation +
Biopsy

02— LD + Discectomy

02— Deformity
Correction

01— Redo Dorsolumbar
Fixation

GMC UDHAMPUR | 02

02— LD + Discectomy

Eight patients. Different conditions. One focus providing the care each patient needed.

FROM PLAN TO PROCEDURE



With the cases reviewed and plans in place, the work moved into the operating rooms at GMC Jammu and GMC Udhampur.



By the time a procedure begins, countless decisions have already been made.

BETWEEN THE BIG MOMENTS



A TEAM UNITED BY CARE



A team united by the goal of making specialised spine care accessible to those who need it.



Successful Surgical Spine Camp



Another successful camp, made possible through teamwork, expertise, and a shared commitment to better spine care.

026 THE SPINE FOUNDATION





EVERY STEP TOWARDS BETTER HEALTH MATTERS.

THE PEOPLE WE ARE HERE TO CARE FOR



ONE TEAM. MANY ROLES. ONE PURPOSE.



TOGETHER MAKING EVERY MOMENT OF PATIENT CARE COUNT.

THE EXPERTS BEHIND THE CARE



A JOURNEY OF CARE, HOPE & RECOVERY BEGINS.



EVERY CONSULTATION MATTERS



Creating access to specialised spine care where it matters.

Government medical college, Udhampur



A STEP TOWARDS RECOVERY

The surgery begins, guided by expertise and careful planning..



THE NEXT STEP TOWARDS RECOVERY.



Carefully planned. Precisely performed. Focused on every patient.



Government medical college, Jammu

The conversations, preparations and moments in between that became part of the week across Jammu and Udhampur.

THE PEOPLE BEHIND THE MOMENTS



Dr. Agnivesh Tikoo

Dr. Harshal Bamb

Dr. Prasad Karpe

The minds behind every moment of healing, bringing expertise, dedication, and hope to every patient's journey toward wellness.

GMC JAMMU TEAM

THE PEOPLE BEHIND THE WEEK



MUMBAI TEAM

- Dr. Agnivesh Tikoo
- Dr. Prasad Karpe
- Dr. Harshal Bamb
- Dr. Pranit P. Pawaskar
- Saba Khan - Neuromonitoring
- Mr. Sushant Remje

JUNIOR RESIDENTS

- Dr. Adil Nazir
- Dr. Sourav Sontra
- Dr. Amit Kumar
- Dr. Varun Nargotra
- Dr. Abhishek Kapila

ANAESTHESIA TEAM

- Dr. (Prof.) Ashwani
- Dr. Rajdeep Kour
- Dr. Heena
- Dr. Neha Sharma

TEAM GMC JAMMU

- Dr. Sanjeev Gupta - Head of Department, GMC Jammu
- Dr. Abdul Ghani
- Dr. Farooq Bhat
- Dr. Manish Singh
- Dr. Bias Dev
- Dr. Tahir Afzel
- Dr. Farid Hussain - Spine Surgeon
- Dr. Neeraj Mahajan
- Dr. Rahul Mahajan
- Dr. Sumit Pal Singh
- Dr. Navdeep Singh
- Dr. Akhil Gupta

SENIOR RESIDENTS

- Dr. Narinder Kumar Thapa
- Dr. Tarun Sharma
- Dr. Dheeraj Jamwal
- Dr. Surya Dev Singh
- Dr. Pulkit Sharma
- Dr. Sukhil Raina
- Dr. Paramveer Singh Chib
- Dr. Shubam Pandoh
- Dr. Sachin Kudyar
- Dr. Irfan Ayan
- Dr. Aman Koul
- Dr. Sajad Ahmed
- Dr. Varun Gupta
- Dr. Mehmood Butt
- Dr. Irfan Poswal
- Dr. Danish Mir
- Dr. Abhimantu Kaith
- Dr. Heemanshu Bhat
- Dr. Tadeel Rashid

The minds behind every moment of healing, bringing expertise, dedication, and hope to every patient's journey toward wellness.



GMC UDHAMPUR TEAM

THE PEOPLE BEHIND THE WEEK

MUMBAI TEAM

Dr. Agnivesh Tikoo

Dr. Pranit P. Pawaskar

Mr. Sushant Remje

DEPARTMENT OF ANAESTHESIA

GMC Udhampur

TEAM GMC UDHAMPUR

Dr. Prof. Anil Gupta

Dr. Waris - Head of Department, GMC Udhampur

Dr. Omeshwar Singh

All Senior Residents and Junior Residents

WITH GRATITUDE

To the doctors, local teams, hospital staff and everyone who contributed across Jammu and Udhampur

