

SPINE TIMES



THE SPINE FOUNDATION

Reaching the Unreached

FIELD EDITION

DEHRADUN • BIJAPUR

29 JULY – 3 AUGUST 2026

ACROSS TWO STATES

*Two camps.
One week of
spine care.*

COMPLEX CARE

Stories that remind us
why we do this

TEAMWORK

The people behind
every successful surgery

BEYOND TREATMENT

Collaboration that
builds stronger communities



EDITOR'S LETTER · CHAPTER ONE

Across Two States.

Two States, One Mission

Some weeks are measured in kilometres travelled. Others are measured by the work accomplished along the way.

Within the same week, The Spine Foundation partnered with hospitals in Dehradun and Bijapur, working alongside local clinical teams to deliver specialist spine care closer to patients.

This edition brings together the people, procedures and partnerships that shaped the week.

2 6 2

HOST INSTITUTIONS SURGICAL PROCEDURES CITIES REPRESENTED



“Some weeks are measured in kilometres. Others in the quiet weight of the work.”



THE VISITING TEAM FOR DEHRADUN



THE VISITING TEAM SETS OUT FOR BIJAPUR

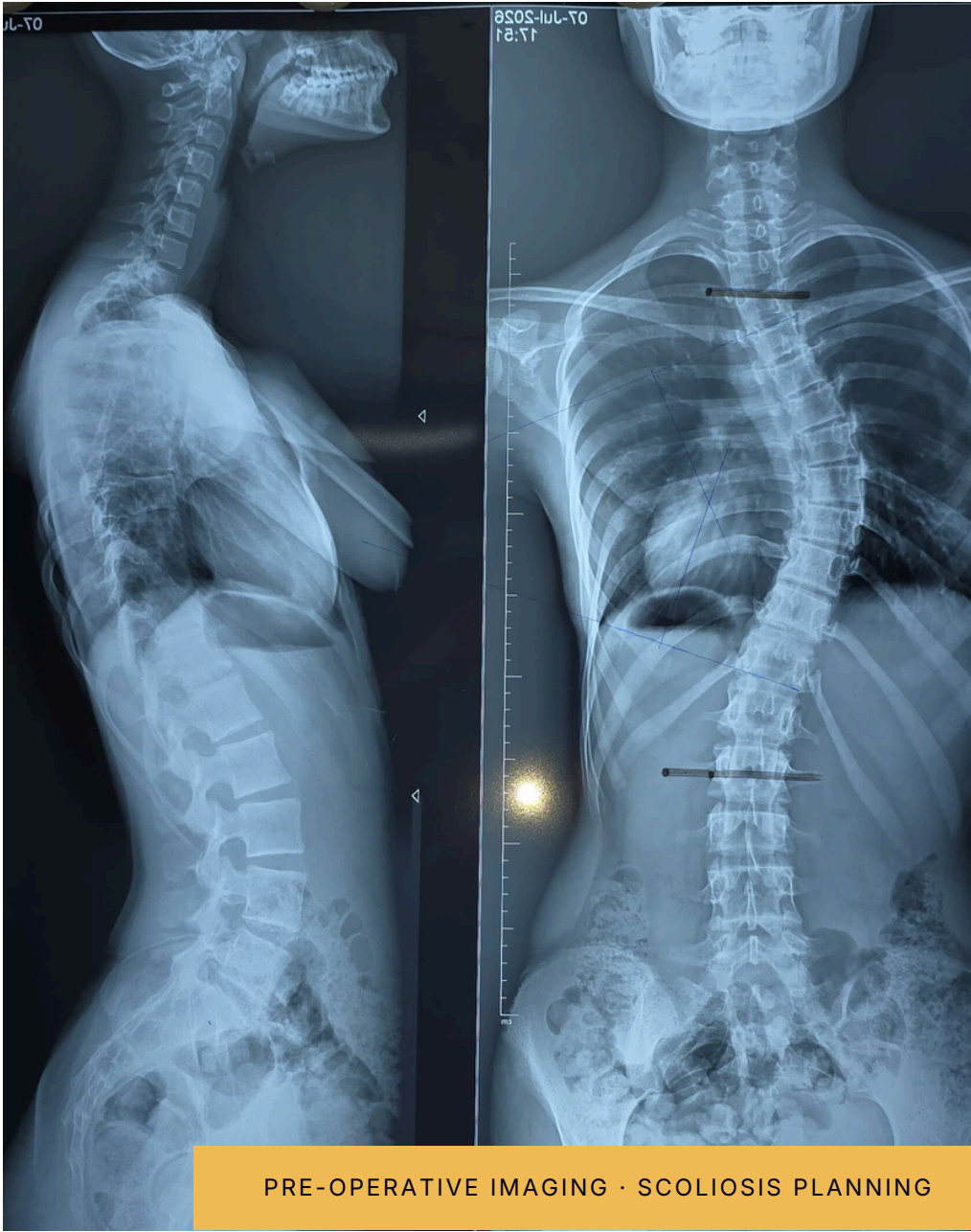
UTTARAKHAND

DEHRADUN

A Complex *Scoliosis*

In Dehradun, the focus was a young patient with scoliosis whose treatment required detailed planning, careful evaluation and a coordinated surgical approach. From the first consultation to the operating theatre, every step reflected the value of experience, preparation and teamwork.

Some camps are remembered by the number of procedures performed. Others are remembered by one case that brings an entire team together.



PRE-OPERATIVE IMAGING · SCOLIOSIS PLANNING



CLINICAL EXAMINATION





The Team *in Theatre.*

COMMUNICATION · COORDINATION · TRUST

A scoliosis correction depends on much more than surgical skill.

It depends on communication, coordination and trust between every member of the operating team.



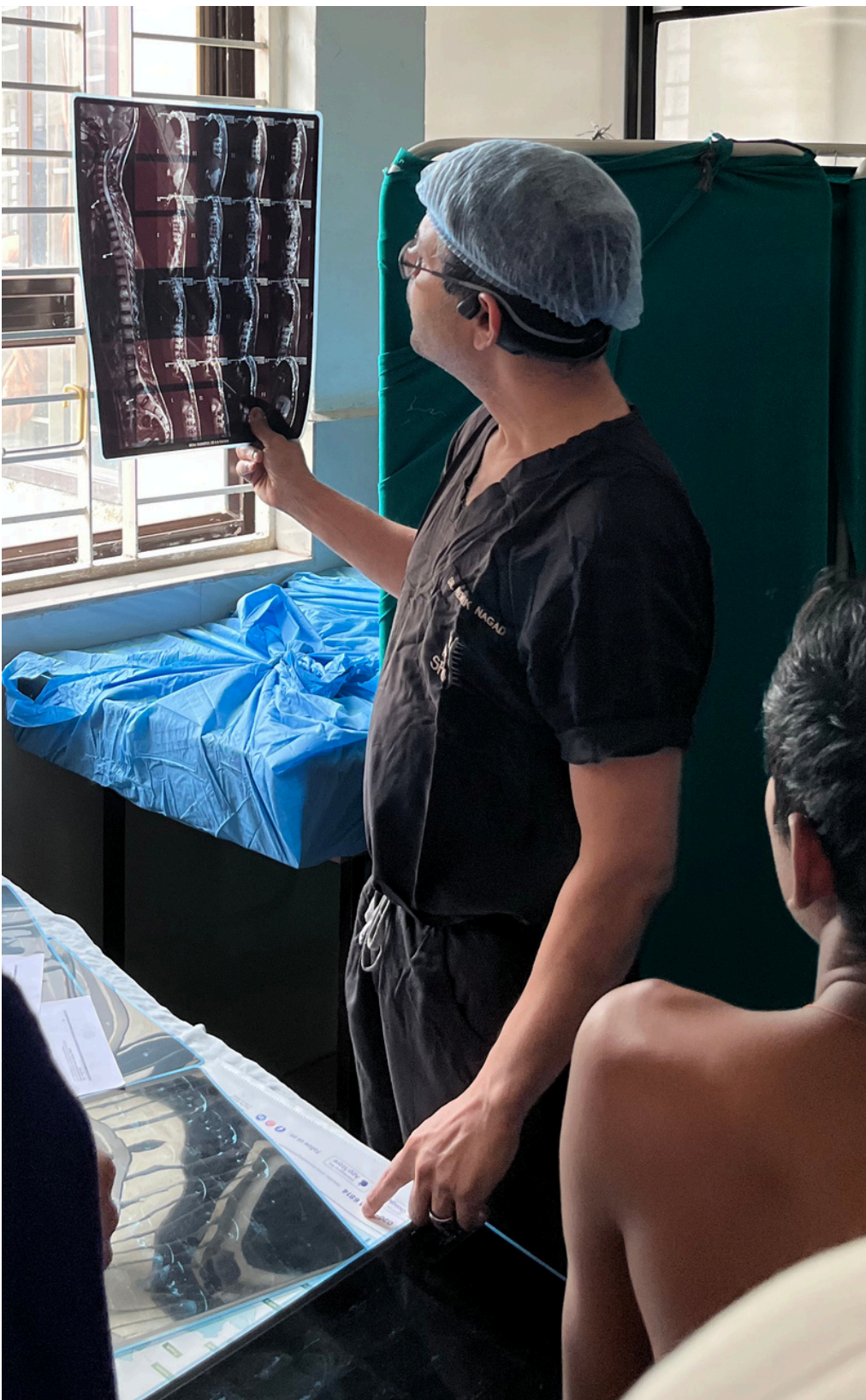
EDITOR'S LETTER · CHAPTER TWO

Next Stop: *Bijapur.*

KARNATAKA



*Different hospital.
Different patients.
The same commitment to collaborative
spine care.*



The week continued at **BLDE Medical College & Hospital, Bijapur.**
Where another spine camp brought together specialist teams from Mumbai, Ahmednagar, Kolhapur and BLDE.

From Consultation *to Surgery.*

Four Quiet Moments Behind Every Outcome



CONSULTATION



CLINICAL EXAMINATION



SURGICAL PLANNING



RADIOGRAPHIC REVIEW

Every successful operation begins long before the patient enters the operating theatre.

Clinical examinations, imaging, discussions with the family and careful planning all help shape the final surgical approach.

These moments may happen away from the spotlight, but they are an essential part of every successful outcome.

“Preparation is where the operation truly begins.”

Consultation, X-rays, planning, OT preparation.

THE LEDGER · BIJAPUR

Camp *Snapshot.*

FIVE PROCEDURES · FIVE APPROACHES · ONE TEAM

- 05

TOTAL
Procedures Performed
- 02

CASE
Scoliosis Deformity Corrections
- 01

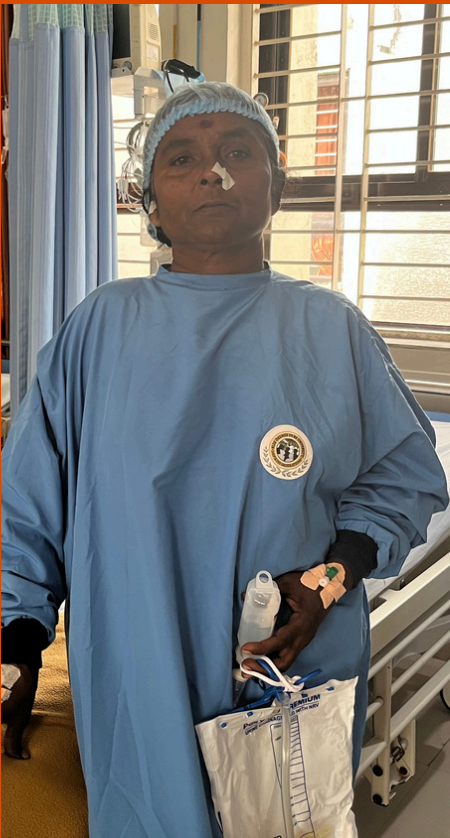
CASE
Redo Lumbar Decompression with Fixation
for Spondylodiscitis
- 01

CASE
Delta Fixation with Decompression
- 01

CASE
Lumbar Decompression with Fixation



Every patient required a different approach, supported by surgeons, anaesthetists, neuromonitoring specialists and local healthcare teams working together throughout the camp.



A WORD FROM *OUR HOST*

BLDE · BIJAPUR

“This camp is a bridge between advanced medical knowledge and the community.”

It has been an immense pleasure from our **BLDE** team to host **SPINE CAMP**. Today is a day of immense pride and gratitude for us. It is a privilege to host this spine camp, but the real honor lies in the fact that we have such esteemed doctors with us today. Your presence here, traveling from your busy schedules and prestigious institutes, speaks volumes about your commitment to humanity. By being here, you are proving that the heartbeat of healthcare lies in reaching out to those who need it most. Hosting the Spine Camp was a proud moment for **BLDE Medical College & Hospital**. Working alongside **The Spine Foundation** gave patients access to specialist spine care closer to home while creating valuable opportunities for collaboration and shared learning between visiting specialists and the local clinical team. Thank you so much sir.

Host Institution

BLDE Medical College & Hospital & Research Centre

Dean

Dr. Tejaswini Vallabha



PHOTOS

The Week *in Pictures.*

Movement from the camp

DEHRADUN · BIJAPUR · 2026

Some moments happen inside the operating theatre. Others happen in consultation rooms, hospital corridors and ward rounds. Together, they tell the story of a week spent across two states, working alongside local teams and caring for patients



Spine Camp

Swami Vivekanand Charitable Hospital, Dehradun, Uttarakhand



TSF has reached Dehradun for another spine camp, bringing expert care closer to the community.



Every Conversation Helps Us See



Swami Vivekanand Charitable Hospital, Dehradun, Uttarakhand

Behind every successful procedure is a patient hoping to return to a life with less pain and more possibility.



www.thespinefoundation.org

SPINE CAMP

Dehradun
(Uttarakhand)

- Free Spine Health Camps
- Consultations with Spine Experts
- Public Awareness and Education Programs
- Volunteer Engagement

Date - 29th - 31st July, 2026

Location - Swami Vivekanand Charitable Hospital



SURGICAL CAMP SUCCESSFULLY

Swami Vivekanand Charitable Hospital, Dehradun, Uttarakhand



Delivering expert spine care where it's needed most.

The Spine Foundation



get well SPINE

Complete Spine Care



DR. TEJASVI AGARWAL
Spine, Pain, Neck, Head



DEHRADUN, UTTARAKHAND



Every face in the waiting area carries a story. Every story deserves expert care.



Swami Vivekanand Charitable Hospital, Dehradun, Uttarakhand



The Week *in Pictures.*

DEHRADUN · BIJAPUR · 2026

www.thespinefoundation.org

+91 9892101234

SPINE CAMP



Vijayapura (Bijapur)
(Karnataka)

31th July - 02nd Aug 2025

Shri.B.M.Patil Medical College and Hospital & Research Centre (BLDE)



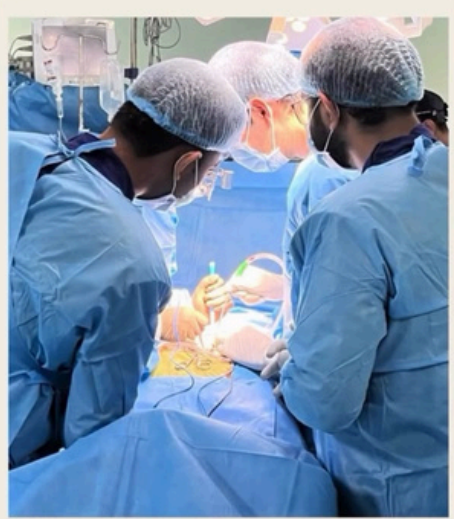


Bijapur Spine Camp

Every patient journey reflects the impact of timely surgery, dedicated care, and renewed hope.



A Mission to Restore



Bijapur
Spine Camp



TSF team has reached Bijapur bringing specialised spine care to the community

THE FACES OF HOPE





SUCCESSFUL SURGICAL SPINE CAMP

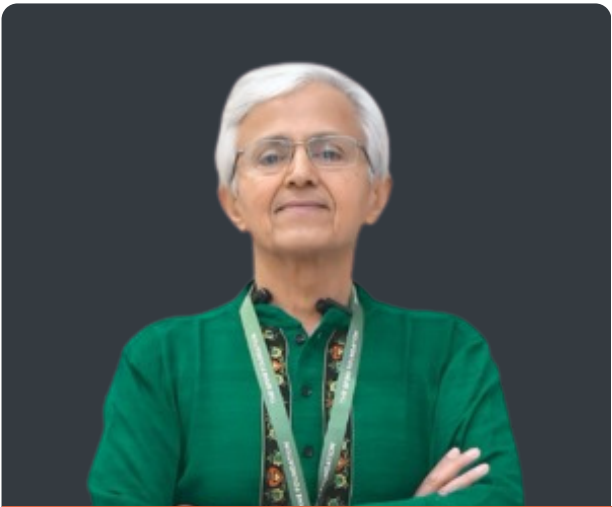
BIJAPUR



A surgical spine camp made possible through collective effort and shared responsibility.

The Leaders behind *the Mission*

DEHRADUN



DR. SHEKHAR BHOJRAJ



DR. TEJASVI AGARWAL



DR. DEEPANDRA TOMAR

BIJAPUR



DR. PREMIK NAGAD



DR. SALIM LAD



DR. TAUSIF AHMED

TEAM

The People Behind the *Camps*.

EVERY CAMP IS BUILT BY PEOPLE WORKING TOGETHER.

CHAPTER · DEHRADUN

Surgical Team

Dr. Shekhar Bhojraj

Dr. Tejasvi Agarwal

Dr. Jose Shaji

Mr. Roshan Kule

A camp is only ever as good as the hands, minds and hearts that build it. These are theirs.



HOST INSTITUTION

BLDE Medical College & Hospital & Research Centre
VIJAYAPUR, KARNATAKA

DEAN

- Dr. Tejaswini Vallabha

CLINICAL SUPPORT

- Orthopaedic Residents, BLDE
- Anaesthesia Residents, BLDE
- OT Staff, BLDE

DEPARTMENT OF ANAESTHESIA

- Dr. Renuka Holyachi (HOD)
- Dr. Sridevi Mulimani
- Dr. Vijaykumar T. K.
- Dr. Vijay Katti
- Dr. Vidya Patil
- Dr. Pratibha Karadi

DEPARTMENT OF ORTHOPAEDICS

- Dr. Santosh Nandi (HOD)
- Dr. Sandeep Naik
- Dr. Ashok Nayak
- Dr. Shivaprasad
- Dr. Ravikumar Birdar
- Dr. Srikant Kulkarni
- Dr. Shreepad Kulkarni
- Dr. Anil Bulagond

CHAPTER · BIJAPUR

The Visiting Teams

MUMBAI TEAM

- Dr. Premik Nagad
- Dr. Pranit Pawaskar
- Dr. Vismay Harkare
- Dr. Ravi Trivedi
- Mr. Sushant Rimje

- Mr. Shekhar Mhasakar
- Mr. Atul Shewale (Implants)
- Mr. Pratik (Implants)
- Mr. Avinash (Implants)
- Ms. Saba (IONM)
- Ms. Shashwati (IONM)

KOLHAPUR TEAM

- Dr. Lad
- Dr. Tausif
- Dr. Hrishikesh Patil
- Mr. Amar

AHMEDNAGAR TEAM

- Dr. Gajendra Pawal



THE SPINE FOUNDATION

- Dr. Shivanand L. K.
- Dr. Basavaraj Patil
- Dr. Santosh Alalamath
- Dr. Nirmala K.