

THE SPINE FOUNDATION

CARE.
COMMITMENT.
COMMUNITY.

SPINE TIMES

The Sindhudurg Edition

**FOUR CASES.
ONE SHARED
MISSION.**

Four patients.
Four surgical challenges.
One weekend of spine
care at Government
Medical College,
Sindhudurg, Maharashtra.

21st and 22nd
August 2026



BEYOND THE DISTANCE, A JOURNEY TOWARDS HEALING BEGINS.



At Government Medical College & Hospital, Sindhudurg, the team came together for another Spine Foundation camp, bringing specialist spine care closer to the communities of Maharashtra. The hospital became the setting for days of consultations, evaluations, surgical planning and care with specialists, local clinicians and hospital teams working together towards one shared goal: better spine care for every patient who walked through the doors.

A new location.
A familiar mission.
Care, closer to home.



HONOURING THE PEOPLE BEHIND THE CARE.

PAUSE

RECOGNISE

APPRECIATE



A spine camp is never the work of one person. It takes doctors who give their time and expertise, hospital teams who make the care possible, and everyone who works together behind the scenes to support each patient.



Together, they helped bring specialist spine care closer to those who needed it.

READING THE CASE

EVERY CASE BEGINS BEYOND THE SCAN.

Before surgery, each patient was evaluated clinically and their neurological findings were reviewed alongside the imaging. The examination, the scans and the patient's individual presentation came together to guide the surgical plan.



THE CASE FILES

Four cases. Four surgical plans. One carefully coordinated effort.

CASE 01

LUMBAR
DECOMPRESSION



CASE 02

TANDEM
DECOMPRESSION



CASE 03 & 04

LUMBAR DECOMPRESSION
+ FIXATION



THE SINDHUDURG ROLL

BETWEEN THE BIG MOMENTS

Not every moment makes it into a case note.
From the operating room to the corridors, a
few glimpses from the Sindhudurg camp.

Spine Camp



Kankavli

[Maharashtra]

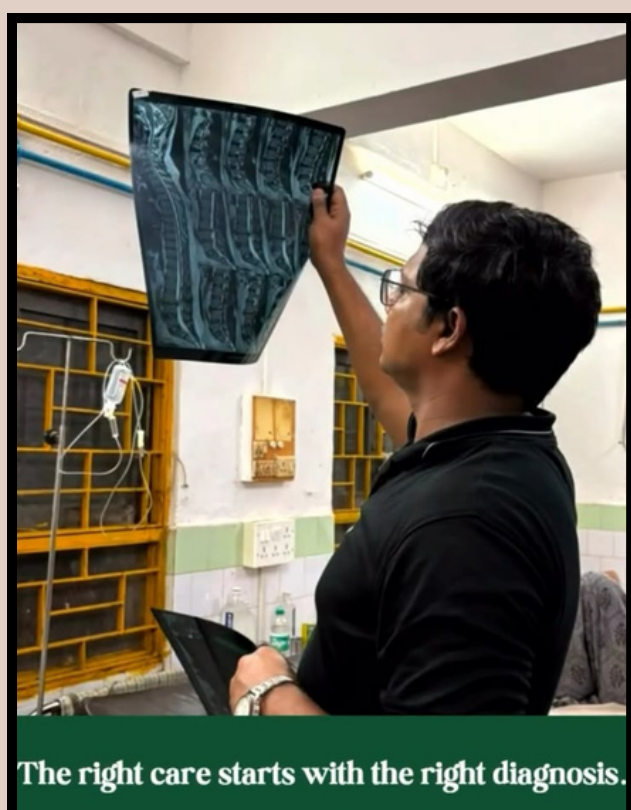
21st – 22nd Aug 2026

📍 Government medical college
& hospital Sindhudurg

- Free Spine Health Camps
- Consultations with Spine Experts
- Public Awareness and Education Programs
- Volunteer Engagement

Contact Us:-9892101234

www.thespinefoundation.org



सिंधुदुर्ग



THE TEAM HAS ARRIVED

Ready to turn another journey into
meaningful care for the community.

📍 MAHARASHTRA

@thespinefoundation



Many hands. One purpose.
Helping patients move forward.



📍 Government medical college & hospital
Sindhudurg, Maharashtra

THE SINDHUDURG ROLL

BETWEEN THE BIG MOMENTS

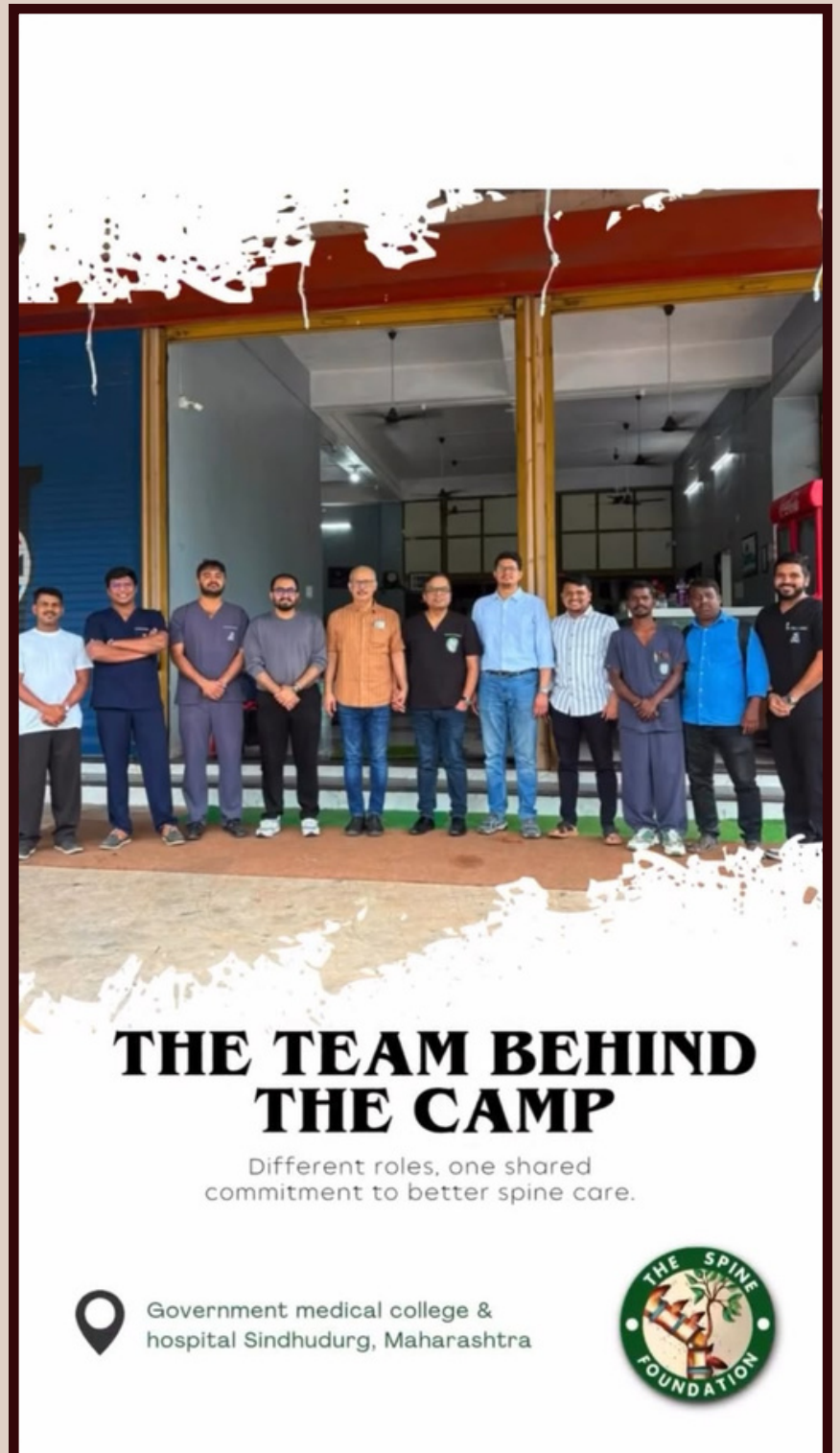


Listening to what the patient feels.

📍 Government medical college & hospital
Sindhudurg, Maharashtra



**Surgical care that transforms.
From treatment to a new beginning.**



THE TEAM BEHIND THE CAMP

Different roles, one shared
commitment to better spine care.

📍 Government medical college &
hospital Sindhudurg, Maharashtra



LEADERS BEHIND THE MISSION

EXPERIENCE
THAT GUIDES.

*Precision that shapes
every decision.*



DR. SALIM LAD

DR. AADITYA KSHIKAR

DR. NISHAD SITUT

THE SINDHUDURG TEAM

Every camp is powered by people who believe everyone deserves access to quality spine care.



MUMBAI TEAM

- Dr. Aaditya Kashikar
- Dr. Nishad Situt
- Dr. Pranit Pawaskar
- Dr. Ravi Varma
- Dr. Neil Vora
- Mr. Roshan Kule
- Mr. Sushant Remje
- Mr. Atul

KOLHAPUR TEAM

- Dr. Salim Lad
- Dr. Hrushikesh Patil
- Dr. Atharva Patil
- Dr. Shubham More
- Mr. Amar Dabhade

LOCAL TEAM

- Dr. Anant Dawange
- Dr. Vijay Waghmare
- Dr. Saurabh Patil

ANAESTHESIA TEAM

Dr. Nutan Rasam and team

